



## HOW TO REGISTER WITH PORTREE MEDICAL CENTRE

*14 years of age and over*

Please complete the enclosed forms:

*'Application to Register Permanently with a General Medical Practice'*

*'New Patient Questionnaire'*

All boxes marked with \* must be completed

### CHECKLIST

- Have you completed and signed the *'Application to Register Permanently with a General Medical Practice'* form?
- Have you completed the *'New Patient Questionnaire'*?
- Have you given or withheld consent to share contact details, if necessary, with others involved in your care and signed at that section?
- Are you aware of your responsibility to update your contact details including mobile number, should it change?
- If you take regular medication, you need to make an appointment with a GP before you can order it for the first time.

**Please bring one means of identification per adult (over the age of 18) when returning the forms to reception for checking:**

- Photo driving licence
- Utility bill with previous address
- Medical card with previous address
- Passport
- Birth certificate

We may also need to have proof of residency in the UK or entitlement to free NHS Treatment. An administrator can advise you if we need this information.





**Please complete as much information as possible**

Have you ever been seen at Portree Medical Centre before? Yes / No

Name .....	Date of Birth .....
Birth or Other Surname .....	Preferred Calling Name .....

Mr  Mrs  Miss  Ms  Other

Do you give permission for contact details to be shared, when necessary, with others involved in your care?	Yes / No
Signature .....	Date .....

Next of kin (name, address and telephone number) \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Relationship to you \_\_\_\_\_

What is your occupation?	
What is your marital status?	
Do you have any children?	

**Health History**

Please list any long term conditions you have

Heart Disease	Yes / No	High Blood Pressure	Yes / No
Diabetes	Yes / No	Other:	
Asthma	Yes / No	Other:	
Stroke / CVA	Yes / No		

**Personal Health History**

Please tell us about current conditions, past illnesses, accidents, operations or other hospital admissions including, if possible, a date or what age you were.

Illness/condition/accident/operation/admission etc.	Date/age
.....	.....
.....	.....
.....	.....
.....	.....
.....	.....
.....	.....
.....	.....
.....	.....

**Medication**

Please list all medication that you take. Please include any medication which is bought from the chemist.

Name	Dose	Name	Dose
.....	.....	.....	.....
.....	.....	.....	.....
.....	.....	.....	.....
.....	.....	.....	.....
.....	.....	.....	.....

**Please make an appointment with a GP before you run out of your current supply.**

Do you have any allergies? Yes / No

Which, if any? .....

**Family History**

Please list any illnesses that run in your family

Heart disease	Yes / No	Relationship to you:
Diabetes	Yes / No	Relationship to you:
Stroke	Yes / No	Relationship to you:
Asthma	Yes / No	Relationship to you:
High blood pressure	Yes / No	Relationship to you:

PORTREE MEDICAL CENTRE  
**NEW PATIENT QUESTIONNAIRE**  
**14 YEARS OLD AND OVER**  
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**Personal Information** – We hope that you do not mind completing this section. There may be cultural, religious or lifestyle information in relation to healthcare that we should be aware of.

I would describe my ethnicity as:			
White Scottish <input type="checkbox"/>	Indian <input type="checkbox"/>	African <input type="checkbox"/>	Other <input type="checkbox"/>
White British <input type="checkbox"/>	Pakistani <input type="checkbox"/>	Black or Black Scottish <input type="checkbox"/>	
White Irish <input type="checkbox"/>	Bangladeshi <input type="checkbox"/>	Other Asian <input type="checkbox"/>	
Other White <input type="checkbox"/>	Chinese <input type="checkbox"/>	Any mixed background <input type="checkbox"/>	
	Caribbean <input type="checkbox"/>	Other ethnic group <input type="checkbox"/>	
Country of Birth:			
UK <input type="checkbox"/>	Other EEC <input type="checkbox"/>	Other (Please specify) .....	

Is there anything in relation to your culture or religion or sexuality that we should be aware of in providing healthcare to you? Yes / No
If yes, please explain: .....
.....
<i>Please be assured that this is only relevant to ensure that the care we provide is appropriate.</i>

**Personal History**

Have you had any infectious disease?	Yes / No
Please list any below	Date
.....	.....
.....	.....
.....	.....

Do you smoke?	Yes / No	If yes, how many per day?
If you do not currently smoke, have you ever smoked?	Yes / No	When did you stop smoking?
If you smoke, would you like to stop?	Yes / No	
...or cut down?	Yes / No	
Do you drink alcohol?	Yes / No	
If yes, how many units per week? (1 unit + 1 glass wine/0.5 pint beer/1 standard measure of spirits)	units	
What regular exercise do you undertake?		
How often?	times per	
What is your height?		
What is your weight?		

**Foreign Travel**

Have you been on holiday or lived aboard in the past six months? Yes / No

If yes, please provide details:

Country	Region	Date from	Date to	Reason

Did you have all recommended vaccinations for travelling to these areas? Yes / No / Don't know

**Firearms**

Do you currently hold a firearm or shotgun certificate? Yes / No

If yes, please state what kind of firearm licence you hold (firearm, shotgun, air rifle):

.....

When will your licence expire/be due for renewal?

.....

**Sharing Your Key Information**

You can opt to have a Key Information Summary (KIS) activated by us. This allows for your important medical history (main medical conditions, medications, allergies, and next of kin/carer information) to be shared with other NHS colleagues such as NHS 24, the Scottish Ambulance Service and hospitals if you need their assistance.

*You can opt out of having a Key Information Summary at any time.*

**Do you give consent for Portree Medical Centre to create a Key Information Summary (KIS) for you? YES / NO**

**Being a Carer and Being Cared For**

<b>Being a Carer</b>	
Do you care for someone?	Yes / No
Do we have your permission to include your name on our carers register and to undertake periodic review of your well-being and support that you may need?	Yes / No
What is your relationship with the person being cared for? .....	
Is the person registered with this practice?	Yes / No
<b>Under the Data Protection Act 2018/General Data Protection Regulation (GDPR), we also need the permission of the person being cared for before recording their name.</b>	
Please advise us of the name and address of the person being cared for:	
NAME .....	
ADDRESS .....	
<b>Being Cared For</b>	
Do you have a carer?	Yes / No
Do we have your permission to record in your medical records that you have a carer?	Yes / No
What is your relationship with your carer? .....	
Is this carer registered with this practice?	Yes / No
<b>Under the Data Protection Act 2018/General Data Protection Regulation (GDPR), we also need the permission of the carer before recording their name in your medical record.</b>	
Please advise us of the name and address of the carer below:	
NAME .....	
ADDRESS .....	

**We will not discuss any aspect of your medical treatment or care with your carer unless we have your permission to do so.**

Thank you for taking the time to fill in this questionnaire.

Portree Medical Centre, Fancy Hill, Portree, IV51 9BZ  
 Telephone: 01478 612013